# Participant debrief sheet for sensitive topics

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| We use a debrief sheet when researching sensitive topics. We give them to participants after a research session. We provide contact details for organisations that may be able to help participants.  This template contains sample wording and guidance on what to include. Check and update any [text in square brackets].  In the debrief sheet, we provide helpful contacts related to the research topic. We recommend providing online and offline contact details. If available, we include contact details for those with access needs.  The benefit and health services sections are optional.  [Browse our collection of user research templates and guides](https://github.com/essexcountycouncil/ur.templates-and-guides/)  [Give your feedback](https://forms.office.com/r/kCKSzv91SP) and help us improve this guide. |

## Participant debrief sheet template

# Thank you for taking part in our research

Your feedback will [aim of the study].

We will use the information you provide to [what you’ll do with the research].

If you have any questions about the research, please email us at [shared team email address].

### If you need help and advice following the session

#### [Example topic heading]

[Share details of relevant support services. For example, if you want to speak to someone about accessing the Warm Homes scheme email us at [stux@essex.gov.uk.](mailto:stux@essex.gov.uk) We will arrange a convenient time for them to call you. The Warm Homes phone line is open Monday to Friday, 9am to 5pm on 0300 300 3333.]

### [Optional section]

#### Benefits and financial support

[Benefit calculators](https://www.gov.uk/benefits-calculators) - use an online calculator to work out what benefits you can get and how to make a claim.

[Citizens’ Advice](https://www.citizensadvice.org.uk/about-us/contact-us/contact-us/contact-us/) – offer impartial information and support on benefits entitlement. You can find your local Citizens’ Advice or speak to an advisor online. Their phone line is open from Monday to Friday, 9am to 5pm on 0800 144 8848. If you use a textphone, dial 18001 then 0800 144 8884.

For help with Council Tax, [contact your local council](https://www.essex.gov.uk/housing).

### [Optional section]

#### Health services

Speak to your GP or [find a GP near you on the NHS website](https://www.nhs.uk/service-search/find-a-gp).

If you have an urgent medical problem or are not sure what to do, call 111 or visit [NHS 111 online](https://digital.nhs.uk/services/nhs-111-online). Translators are available in foreign languages and British Sign Language.